

Falling Water Socks

Patterns adapted from #196 in "The New Knitting Stitch Library" by Lesley Stanfield

This is less of a pattern than an overlay to fit over your favourite fitting standard stockinette sock.

The choice of heel and toe is up to you, you know what best fits the foot you are knitting for. Choose the number of stitches appropriate to the yarn you are using, this will knit to the same size as stockinette so if you normally knit a 60 stitch sock then chose the 60 stitch size. The sock pictured is the 64 stitch size and that's the only one I've made.

P=purl
K=knit
skpsso= slip one, knit one, pass slipped stitch over. You can use SSK or any other decrease that leans to the left.
K2tog= knit 2 together
P2tog= purl 2 together



Cast on 60 stitches. Knit in P2, K3 rib for an inch and a half or however long you like the cuff of the sock to be. Change to pattern. Start working chart A from Appendix A beginning with P2, K8. Work until sock is the desired length, ending after row 2 or 12. Centre the pattern with two pattern repeats running down the middle of the foot.

Cast on 64 stitches. Knit in P2, K2 rib for an inch and a half or however long you like the cuff of the sock to be. Change to pattern. Start working chart B from Appendix A beginning with P2, K6. Work until sock is the desired length, ending after row 2 or 10. Centre the pattern with three pattern

repeats running down the middle of the foot.

Cast on 72 stitches. Knit in P2, K2 rib for an inch and a half or however long you like the cuff of the sock to be. Change to pattern. Start working chart

C from Appendix A beginning with P2, K7. Work until sock is the desired length, ending after row 2 or 10. Centre the pattern so that there are two pattern repeats running down the middle of the foot.

Make heel over half the total number of stitches. There is no right or wrong heel but some will fit certain feet better than others. If you have a high instep or sturdy ankles then you would be better with a heel that has a gusset.

After knitting the heel, return to circular knitting, working the stitches each side of the two or three pattern repeats in stocking stitch. Continue the lace pattern as set on the instep stitches only, with the stitches previously forming the heel being worked in stockinette. Work until the body of the sock is long enough (typically 1.5" less than the total length of the foot). End as for before heel, ending after finishing a full sequence of yarn overs (3 holes for 64 and 72 stitches, 4 holes for 60 stitches). The simplest toe option is now to change to stockinette, decreasing four stitches in alternate rounds until 16 stitches remain. Graft the 8 stitches on the front to the 8 stitches on the back.

								◇	◇	20
			⊕				/	◇	◇	19
								◇	◇	18
		⊕				/		◇	◇	17
								◇	◇	16
	⊕				/			◇	◇	15
								◇	◇	14
⊕			/					◇	◇	13
								◇	◇	12
								◇	◇	11
								◇	◇	10
\			⊕					◇	◇	9
								◇	◇	8
	\			⊕				◇	◇	7
								◇	◇	6
		\			⊕			◇	◇	5
								◇	◇	4
			\			⊕		◇	◇	3
								◇	◇	2
								◇	◇	1

Chart A

							◇	◇	16
		⊕			/		◇	◇	15
							◇	◇	14
	⊕			/			◇	◇	13
							◇	◇	12
⊕			/				◇	◇	11
							◇	◇	10
							◇	◇	9
							◇	◇	8
\			⊕				◇	◇	7
							◇	◇	6
	\			⊕			◇	◇	5
							◇	◇	4
		\			⊕		◇	◇	3
							◇	◇	2
							◇	◇	1

Chart B

:: Legend ::

⊕ Yarn over
 / Knit two together
 \ Slip one, knit one, pass slip stitch over
 ◇ Purl

							◇	◇	16
		⊕				/	◇	◇	15
							◇	◇	14
	⊕				/		◇	◇	13
							◇	◇	12
⊕				/			◇	◇	11
							◇	◇	10
							◇	◇	9
							◇	◇	8
\				⊕			◇	◇	7
							◇	◇	6
	\				⊕		◇	◇	5
							◇	◇	4
		\				⊕	◇	◇	3
							◇	◇	2
							◇	◇	1

Chart C